

2025 Foot Health Care Professionals – East & West Kootenays & Boundary BC

Note: This list is posted on the KB FETCH Community Services Directory. It will be completely reviewed and updated yearly and otherwise updated & reposted <https://kb.fetchbc.ca/service.html?i=2673> when new information is received (email: admin@kb.fetchbc.ca)

Sterile Instruments:

The highest patient safety standards in Canada are expected from all Foot Health Care Professionals practicing in BC including - ***instruments are to be either to be sterile single-use instruments, or instruments are to be steam autoclaved for sterility after each patient onsite or offsite.***

(BC Podiatric Medical Association, the Canadian Standards Association (CSA Z314:23), Canadian Association of Foot Care Nurse, Foot Canada Training & Infection and Prevention Control Canada).

Professional	Roles **	Contact Information	Location of Care	Fees *	Services ***
Alumbaugh, Dr. Dana	DPM	[T] 250 - 364-1516 [W] https://drdanapodiatry.com/	Clinic: 1686-2nd Ave TRAIL	\$120+	CO, GA, MD, Ref
Bailey-Tschettters, Miranda	LPN, FCN	[T] 778 - 517-8208	Clinic: F.W. Green, 262 -1311 2nd St. N, Cranbrook	\$50 - \$100	CC, NC, ND, Ref
Brown, Karina (Cram) Boundary Advanced Foot Care	LPN, FCN	[T] 250-442-7070 [E] boundaryafc@gmail.com	Mobile: Boundary/Grand Forks	\$85	CC, CD, HV, NC, ND, Ref
Collingwood, Lexi Barefoot Health & Wellness	LPN, FCN	[T] 250-938-5423 [E] barefootwellness@hotmail.com	Mobile: Grandforks & Christina Lake 25/05 on Maternity leave	\$60	CC, CD, HV, NC, ND, OTC
Currier, Jenni Feet First Foot Care	LPN, FCN	[T] 250-421-7678 [E] jennicurrier@hotmail.com	Mobile: East Kootenays Clinic: 2449 McLeary Cres. North	\$40 - \$50	CC, HV, ND, NC
Davies, Shelley & associates Sole Relief	LPN, FCN	[T] 250-427-1110 [E] admin@solerelief.ca [W] www.solerelief.ca	Mobile: Cranbrook and Kimberley Clinic: 203 14th Ave N, Cranbrook	\$60 - \$70	CC, CD, CP, FN, GA, HV, NC, ND, NINC, OTC, Ref, VAC
Darling, Jen Sole Focus Nursing	RN, FCN	[T] 250-265-2503 [E] info@nakuspfeet.com [W] www.nakuspfeet.com	Clinic: Nakusp Integrated Health Inc., 409 Broadway St. W., Nakusp	\$30 - \$90	CC, CD, CP, CS, FN, NC, ND, NINC, OTC, VAC
Jacobs, Logan Kootenay Pedorthic Clinic	C.PED(C) CAT (C)	[T] 250-352-1384 [E] orthotics@vinedevito.ca [W] https://www.vinedevito.ca/	Shoe Store & Clinic: 415 Hall Street, NELSON	\$90 - \$550	BR, CO, CP, FR, GA, OTC, Ref, SM, TF, VAC
DeVito, Vince Kootenay Pedorthic Clinic	C.PED(C) CPEDTech	[T] 250-352-1384 [E] orthotics@vinedevito.ca [W] https://www.vinedevito.ca/	Shoe Store & Clinic: 415 Hall Street, NELSON	\$70 - \$520	BR, CO, CP, FR, GA, OTC, Ref, SM, TF, VAC

Dudar, Arleigh Sensitive Soles Foot Care Services	LPN, FCN	[T] 778-230-8136 [E] sensitivesolescranbrook@gmail.com www.sensitivesolesfootcarecranbrook.com	Mobile: Cranbrook & Kimberley	\$40 - \$70	CC, CD, HV, NC, ND, NINC, VAC
Foot Care Nurse associates	RN, FCN	[T] 250-428-2286 ext. 53269	Clinic: Hospital Foot Clinic, Creston	\$40 - \$45	CC, CD, FN, NC, ND, NINC, Ref,
Gaudry, Joan Ten Digit FootCare	LPN, FCN	[T] 250-365-1857 [E] joangaudry@yahoo.com Retiring	Mobile: Trail, Fruitvale, Castlegar	\$40	CC, HV, NC, ND, Ref, VAC
Griffiths, Heather Pure Life Foot Care	LPN, FCN	[T] 250-777-4337 [E] purelifefootcare@gmail.com	Mobile: Nelson, Slocan Valley Clinic: 104b-518 Lake St. Nelson	\$50 - \$70	CC, CD, GA, HV, NC, ND, VAC
Guy, Temeeka Canopy Care: Health & Wellness	RPN, FCN	[T] 647-460-8003 [E] canopycarebc@outlook.com	Mobile: Grand Forks, Christina Lake Clinic: Grand Forks & Christina Lake Medical Center	\$65 - \$100	CC, CD, CP, GA, HV, NC, ND, NINC, OTC, Ref, VAC
Hildebrandt, Miranda Pampered Sole Mobile Foot Care	LPN, FCN	[T] 250-870-1589 [E] pamperedsole@outlook.com www.facebook.com/nelsonbcfootcare	Mobile: Kaslo to Fruitvale, Slocan Park 2 Clinics: 9 mile & Trail	\$60 - \$85	CC, CD, CP, FN, HV, NC, ND, Ref, VAC,
Loimand, Imelda Imelda's Foot Care	LPN, FCN	[T] 250-505-2385 [E] iloimand@yahoo.ca	Mobile: Lakeview Village & Nelson	\$55 - \$75	CC, CD, HV, NC, ND, NINC, OTC, Ref, VAC
McCarty, Stacy Grateful Feet	LPN, FCN	[T] 250-551-3338 [E] stacy_mccarty@icloud.com	Mobile: Kaslo area & Lardeau Valley	\$50	CC, HV, NC, ND
Nevraumont, Deanna Grand Soles	LPN, FCN	[T] 250-507-2925 [E] mamadeanna69@hotmail.com [W] www.grandsolesfootcare.ca	Mobile: Boundary Area Clinic: 7431 2nd street Grand forks (opening Apr 2025)	\$60+	CC, CD, CP, FN, GA, HV, NC, ND, NINC, OTC, Ref, VAC
Ormiston, Amanda Sole Focus Nursing	RN, FCN	[T] 250-265-2503 [E] info@nakuspfeet.com [W] www.nakuspfeet.com	Clinic: Nakusp Integrated Health Inc., 409 Broadway St. W., Nakusp	\$30 - \$90	CC, CD, CP, CS, FN, NC, ND, NINC, OTC
Pattison-Veale, Amy Nelson Foot Care	LPN, FCN	[T] 250-352-9767 [E] nelsonfootcare@outlook.com [W] https://nelsonfootcare.ca/	Mobile: Nelson, Mountain Lake Senior Com., Jubilee Manor, KLH Clinic: 104b -518 Lake St. Nelson	\$50 - \$80	CC, CD, GA, HV, NC, ND, NINC, OTC, Ref, VAC
Paylado, Tiffany Gentle Soles Foot Care	LPN, FCN	[T] 604-396-7457 [E] gentlesolesfc@gmail.com	Mobile: Greater Trail area (Fruitvale, Montrose, Trail, Warfield)	\$65	CC, CD, HV, NC, ND, Ref, VAC
Relkoff, Jackie	RN, FCN	[T] 250-442-8233 - Service available to patients of clinics in the boundary	Clinic: Boundary Medical Clinic, Grand Forks	n/a	CC, NC, ND, Ref

Smith, Miranda Soulpath Wellness Footcare	LPN, FCN	[T] 250-581-2360 [E] Soulpathwellness101@gmail.com	Mobile: Creston	\$60	CC, CD, HV, NC, VAC
Spizawka, Julie West Kootenay Foot Care	RN, FCN	[T] 306-227-0249 (corrected Aug/ 25) [E] Juliespizawka@protonmail.com	Mobile: Nelson, Castlegar, Trail, Fruitvale and surrounding areas	\$60	CC, GA, HV, NC, ND, NINC, Ref
Tjader, Donna Feet First Mobile Footcare	LPN, FCN	[T] 250-367-7263 [E] none listed	Mobile: Montrose	\$45	CC, HV, NC, ND, Ref, VAC
Trembath, Amanda Nurturing Medical Foot care	RPN, FCN	[T] 778-965-0242 (changed Jan/26) [E] nurturefootcare1@gmail.com	Mobile: Warfield, Rossland, Castlegar, Montrose, Trail, Frutvale and Salmo	\$65/hr	CC CD FN GA HV NC ND NINC OTC PW

*** Fees:** Fees are estimates only. Contact the Foot Care provider directly to discuss billing options and fees, as they can vary depending on the services provided, the service provider and your individual medical coverage.

Abbreviations	**Roles
	NOTE: ACTIVE REGISTRATIONS / LICENSES /CERTIFICATIONS SHOULD BE VERIFIED YEARLY.
FCN	Foot Care Nurse (completed a foot care nurse course)
LPN	Licensed Practical Nurse (licensed with the BC College of Nurses & Midwives)
C.PED(C)	Certified Pedorthist (certification with the College of Pedorthics of Canada)
CPEDTech(C)	Certified Pedorthist Technician (certification with the College of Pedorthics of Canada)
CAT(C)	Certified Athletic Therapist (certification with the Canadian Athletic Therapist Association)
DPM	Doctor of Podiatry Medicine (license with the BC College of Physicians and Surgeons)
RN	Registered Nurse (registration with the BC College of Nurses & Midwives)
RPN	Registered Psychiatric Nurse (registration with the BC College of Nurses & Midwives)
Abbreviations	***Services
BR	Bracing (ankle foot orthotic - AFO)
CC	Corn and callous reduction
CD	Chronic disease foot examination, foot care & wound prevention (conditions include arthritis, cardiovascular, neuropathy, diabetes...)
CO	Custom-made orthotics
CP	Custom-made foot/toe pads
CS	Compression stockings
FN	Fungal nail treatments
FR	Footwear repair, custom adjustments
GA	Gait analysis, biomechanic and balance assessment
HV	Home visits / mobile care (nursing home, retirement home, home, hospitals...)
MD	Medical diagnosis (medical doctors, podiatrists, and nurse practitioners)
MFS	Minor foot surgery (podiatrists and medical doctors i.e. removal of ingrown nail)
NC	Nail care reduction and maintenance of thickened nails, fungal nails, ingrown nails
ND	Nursing diagnosis (registered nurses and licensed practical nurses)
NINC	Non-invasive nail correction
OTC	Over the counter foot products (pads, insoles, socks, moisturizers...)
PAD	Peripheral Arterial Disease (PAD) screening (clinical, physical & doppler)
PW	Plantar's warts treatments
Ref	Referrals to other health care providers
SM	Sports medicine (muscle, & bone Injuries and foot pain)
TF	Therapeutic Footwear
VAC	Veteran's Affairs Canada foot care provider