



We provide a wide variety of programs to meet children, youth and family interests and needs. Some programs have specific guidelines and require a referral. Please call us to discuss eligibility.

While some of our groups do provide childcare, we are unable to provide childcare while you access individual services in our office.

Some programs require an appointment while other programs are open for drop in. Please call us for more information.

For more information about the programs that are offered or to get involved with Boundary Family Services Society or with the Boundary Family Centres:

1200 Central Ave
PO Box 2498
Grand Forks, BC
V0H 1H0

250-442-2267 or toll free 1-877-442-5355

www.boundaryfamily.org
Join our group on Facebook

The Boundary Family Centres

The Boundary Family Centres were born out of the work of a group of caring and committed community partners. We dreamed of integrated Family Centres where children, youth and their caregivers could conveniently access a range of health and individual and family wellness services.

Since 2003 the Centres have been enriching the lives of Boundary families.

Conveniently situated at seven locations throughout the Boundary, each Centre is located in or near an elementary school and offers child, youth and family support, women's services, counselling, public health services and early years services.



Boundary Family Centres are funded by:

School District #51 Boundary
Interior Health Authority ~ Prevention Services,
Public Health
Ministry of Children and Family Development
Ministry of Justice
Public Health Agency of Canada
The Phoenix Foundation of the Boundary Communities
Community Donors and Partners



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Boundary Family Services Society

Enrich Your Life!

At the

Boundary

Family Centres



“We build partnerships with families and community by delivering services which enrich lives and shape our future”

Early Years Services

Baby's Best Chance

A program for pregnant women that provides nutrition, lifestyle, parent education, emotional support and fun groups to meet other pregnant women and families with young children. Nutritious lunch is provided.

Community Action Program for Children (CAPC)

Provides a group program to offer support, information and education for parents of children birth to 6 years.

Breastfeeding Café

A group to exchange information and experiences about breastfeeding. Education and woman-to-woman support.

Infant Development Program (IDP)

Services provided to families with children newborn to 6 years of age, with a focus on 0-3 years of age, that are developmentally delayed or have a disability.

Children's Early Intervention Therapy Services

Physiotherapy and Occupational Therapy Services are provided to children that are at risk for development delays or affected by disabilities.

Parenting Programs

Group sessions which are focused on developing communication, coping and parenting skills during your child's early years.

Early Years Programs

We provide a wide variety of programs to meet children, youth and family interests and needs and integrate them with Early Childhood programs so our children have the very best chance at success. These programs include StrongStart, literacy programs, Little Explorers program and more.



Our services are provided by professionally trained support staff in a respectful and confidential manner.

All services are provided **FREE** of charge thanks to our funders and the generous support of private donors.

*Boundary Family Services Society
is a Registered Charitable Society*

*BFS is a CARF
Accredited Agency*



Seniors Support

Boundary Better at Home Program

Supporting seniors with non-medical needs, providing services such as light housekeeping transportation, friendly visiting and grocery shopping.

Child, Youth and Family Services

Child and Youth Counselling

Counselling is provided to children, youth and families affected by trauma, sexual abuse, family violence, grief and loss, eating disorders, and children exhibiting life threatening behaviours.

Family Services

Services are provided to families experiencing personal difficulties, life transitions and family crises with a focus on keeping children safe. We engage and link families to the assistance that they require, provide support and teach life, safety and parenting skills.

Aboriginal Family Support

Family support services are provided for children, youth and families of Aboriginal ancestry, in a culturally relevant manner.

Services for Youth

Services are provided for youth who are experiencing challenges in their families, school, peers, the community and lifestyle choices.

Therapy Services for School Age Children

Physiotherapist and Occupational Therapist assessment and consultation services are provided for school aged children and youth.

Men's Support Group

This group deals with a variety of issues for men and includes practice in skill building in the areas of problem solving, conflict resolution, parenting and communication.

After School Programs

Groups that engage children and youth in meaningful activities in Boundary communities. These after school programs strengthen inter-personal skills, encourage mentoring as well as encourage skill development in sports and arts.

Parenting Programs

Programs that help parents and caregivers to understand and respond to their child's behavior.

Community Integration Program

This service provides a positive, inclusive community based programs for children and adolescence with developmental and physical disabilities