## 2024 Podiatry/Foot Care Services - Registered/Licensed Health Care Professionals in the Kootenays, BC

Provider	Roles (p.3)	Contact Information	Location of Care	Fees (p.2)	Services (p.3)
Alumbaugh, Dr.	DPM	[T] 250 - 364-1516	Clinic: 1686-2nd Ave TRAIL	\$120+	CO, GA, MD, Ref
Dana		[W] https://drdanapodiatry.com/			
Bailey-Tschetters,	LPN, FCN	[T] 778 - 517-8208	Clinic: F.W. Green, 262 -1311 2nd	\$50 - \$100	CC, NC, ND, Ref
Miranda			St. N, Cranbroook		
Collingwood, Lexi	LPN, FCN	[T] 250-938-5423	Mobile: Grandforks & Christina	\$60	CC, CD, HV, NC, ND,
Barefoot Health &		[E] barefootwellness@hotmail.com	Lake		OTC
Wellness					
Cram, Karina	LPN, FCN	[T] 250-365-9368	Mobile: Boundary/Grand Forks	\$85	CC, CD, HV, NC, ND,
Boundary Advanced		[E] boundaryafc@gmail.com	·		Ref
Foot Care					
Currier, Jenni	LPN, FCN	[T] 250-421-7678	Mobile: East Kootenays	\$40 - \$50	CC, HV, ND, NC
Feet First Foot Care		[E] jennicurrier@hotmail.com	Clinic: 2449 McLeary Cres. North		
Davies, Shelley &	LPN, FCN	[T] <u>250-427-1110</u>	Mobile: Cranbrook and Kimberley	\$60 - \$70	CC, CD, CP, FN, GA,
associates		[E] admin@solerelief.ca	Clinic: 203 14th Ave N, Cranbrook		HV, NC, ND, NINC,
Sole Relief		[W] www.solerelief.ca			OTC, Ref, VAC
DeVito, Vince	CPED(C)	[T] 250-352-1384	Shoe Store & Clinic:	\$70 - \$520	BR, CO, CP, FR, GA,
Kootenay Pedorthic	CPEDTech	[E] vince@vincedevito.ca	415 Hall Street, NELSON		OTC, Ref, SM, TF, VAC
Clinic		[W] https://www.vincedevito.ca/			
Dudar, Arleigh	LPN, FCN	[T] <u>778-230-8136</u>	Mobile: Cranbrook & Kimberley	\$40 - \$70	CC, CD, HV, NC, ND,
Sensitive Soles Foot		[E] sensitivesolescranbrook@gmail.com			NINC, VAC
Care Services		www.sensitivesolesfootcarecranbrook.com			
Foot Care Nurse	RN,	[T] 250-428-2286 ext. 53269	Clinic: Hospital Foot Clinic Creston	\$40 - \$45	CC, CD, FN, NC, ND,
associates	FCN				NINC, Ref,
Gaudry, Joan	LPN,	[T] 250-365-1857	Mobile: Trail, Fruitvale, Castlegar	\$40	CC, HV, NC, ND, Ref,
Ten Digit FootCare	FCN	[E] joangaudry@yahoo.com			VAC
Griffith, Heather	LPN,	[T] 250-777-4337	Mobile: Nelson, Slocan Valley	\$50 - \$70	CC, CD, GA, HV, NC,
Pure Life Foot Care	FCN	[E] purelifefootcare@gmail.com	Clinic: 104b-518 Lake St. Nelson		ND, VAC
Guy, Temeeka	RPN,	[T] 607-460-8003	Mobile: Grand Forks, Christina Lake	\$65 - \$100	CC, CD, CP, GA, HV,
Canopy Care: Health	FCN	[E] canopycarebc@outlook.com	Clinic: Grand Forks & Christina Lake		NC, ND, NINC, OTC,
& Wellness			Medical Center		Ref, VAC
Hildebrandt,	LPN,	[T] 250-870-1589	Mobile: Kaslo to Fruitvale, Slocan	\$60 - \$85	CC, CD, FN, HV, NC,
Miranda	FCN	[E] pamperedsole@outlook.com	Park		ND, Ref, VAC,
Pampered Sole		www.facebook.com/nelsonbcfootcare	2 Clinics: 9 mile & Trail		
Mobile Foot Care					

Rissoti, Krysta	LPN,	[T] 250-505-9944	Mobile: Fruitvale, Trail, Castlegar	\$60 - \$65	CC, VAC, NINC, ND,
Healthy Feet Foot	FCN	[E] krystarizzotti@gmail.com	(every 7 wks)		FN, NC, CD, HV
Care					
Lazenby, Cindy	RN, FCNEd,	[E] cindy@footcanada.ca	n/a	n/a	CED, Ref
Foot Canada Training		[W] www.footcanada.ca			
Loimand, Imelda	LPN,	[T] 250-505-2385	Mobile: Lakeview Village & Nelson	\$55 - \$75	CC, CD, HV, NC, ND,
Imelda's Foot Care	FCN	[E] iloimand@yahoo.ca			NINC, OTC, Ref, VAC
McCarty, Stacy	LPN,	[T] 250-551-3338	Mobile: Kaslo area & Lardeau	\$50	CC, HV, NC, ND
Grateful Feet	FCN	[E] stacy_mccarty@icloud.com	Valley		
Pattison-Veale, Amy	LPN,	[T] 250-352-9767	Mobile: Nelson, Mountain Lake	\$50 - \$80	CC, CD, GA, HV, NC,
Nelson Foot Care	FCN, FCNEd	[E] nelsonfootcare@outlook.com	Senior Com., Jubilee Manor, KLH		ND, NINC, OTC, Ref,
		[W] https://nelsonfootcare.ca/	Clinic: 104b -518 Lake St. Nelson		VAC
Paylado, Tiffany	LPN,	[T] 604-396-7457	Mobile: Greater Trail area	\$65	CC, CD, HV, NC, ND,
Gentle Soles Foot	FCN	[E] gentlesolesfc@gmail.com	(Fruitvale, Montrose, Trail,		Ref
Care			Warfield, Rossland)		
Relkoff, Jackie	RN,	[T] 250-442-8233 - Service available to	Clinic: Boundary Medical Clinic,	n/a	CC, NC, ND, Ref
	FCN	patients of clinics in the boundary	Grand Forks		
Ruby, Emily	LPN,	[T] <u>250-421-0224</u>	Mobile: Cranbrook/Kimberley	\$60	CC, CD, FN, HV, NC,
Kootenay Country	FCN	[E] kootenay.country.nurse@gmail.com			ND, NINC, Ref, VAC
Nurse					
Spizawka, Julie	RN,	[T] 306-227-2049	Mobile: Nelson, Castlegar, Trail,	\$60	CC, GA, HV, NC, ND,
West Kootenay Foot	FCN	[E] Juliespizawka@protonmail.com	Fruitvale and surrounding areas		NINC, Ref
Care					
Tjader, Donna	LPN,	[T] 250-367-7263	Mobile: Montrose	\$45	CC, HV, NC, ND, Ref,
Feet First Mobile	FCN				VAC
Footcare					

**Standards of Care:** The BC Podiatric Medical Association, the Canadian Standards Association (CSA Z314:23), Canadian Association of Foot Care Nurse, Foot Canada Training & Infection and Prevention Control Canada, currently uphold the highest provincial / national standards with respect to infection control and safe patient care. **All instruments are either to be sterile single-use instruments, or instruments are to be steam autoclaved for sterility after each patient onsite or offsite.** These are the standards to be expected from your Podiatry/Foot Care Registered/Licensed Health Care Professionals in British Columbia.

**Fees:** Fees are estimates only. Contact the Foot Care provider directly to discuss billing options and fees, as they can vary depending on the services provided, the service provider and your individual medical coverage.

Abbreviations	Roles - Podiatry/Foot Care		
FCN	Foot Care Nurse (completed a foot care nurse course)		
FCNEd	Foot Care Nurse Educator (completed a FCNEd course)		
LPN	Licensed Practical Nurse (active license with the BC College of Nurses & Midwives)		
CPED(C)	Certified Pedorthist (active certification with the College of Pedorthics of Canada)		
CPEDTech(C)	Certified Pedorthist Technician (active certification with the College of Pedorthics of Canada		
DPM	Doctor of Podiatry Medicine (active license with the BC College of Physicians and Surgeons)		
RN	Registered Nurse (active license with the BC College of Nurses & Midwives)		
RPN	Registered Psychiatric Nurse (active license with the BC College of Nurses & Midwives)		
Abbreviations	Services - Podiatry/Foot Care		
ABPI	Ankle Brachial Pressure Index (foot and toe circulation testing)		
BR	Bracing (ankle foot orthotic - AFO)		
CC	Corn and callous reduction		
CD	Chronic disease foot examination, foot care & wound prevention (conditions include arthritis, cardiovascular, neuropathy, diabetes)		
CO	Custom-made orthotics		
СР	Custom-made foot/toe pads		
CS	Compression stockings		
CED	Continuing Education for Foot Care Nurses (FCN), support workers, seniors and the general public		
FN	Fungal nail treatments		
FR	Footwear repair, custom adjustments		
GA	Gait analysis, biomechanic and balance assessment		
HV	Home visits / mobile care (nursing home, retirement home, home, hospitals)		
MD	Medical diagnosis (medical doctors, podiatrists, and nurse practitioners)		
MFS	Minor foot surgery (podiatrists and medical doctors i.e. removal of ingrown nail )		
NC	Nail care reduction and maintenance of thickened nails, fungal nails, ingrown nails		
ND	Nursing diagnosis (registered nurses and licensed practical nurses)		
NINC	Non-invasive nail correction		
OTC	Over the counter foot products (pads, insoles, socks, moisturizers)		
PW	Plantar's warts treatments		
Ref	Referrals to other health care providers		
SM	Sports medicine (muscle, & bone Injuries and foot pain)		
TF	Therapeutic Footwear		
VAC	Veteran's Affairs Canada foot care provider		