

## **PUBLIC DISTRIBUTION**

Call 310-MHSU (6478) for more information and linkages to other Substance Use Services. We invite you to connect with our <u>Access Services</u> program at your <u>local Mental Health & Substance Use Centre</u>.

If you are experiencing moderate to severe substance use issues and require a more intensive treatment setting than community based <u>Substance Use Services</u>, you may be able to attend Facility Based Services.

The following services are available.

| Agency  | Location (# of beds)  | Referral Information   | Admission Criteria   |
|---|-----------------------|--|--|
|   |                       | nt Services for ADULTS ces through acute stages of withdrav  | val from alcohol or other drugs in an inpatient  |
| AXIS Withdrawal<br>Management   | Castlegar             | Contact primary care provider (physician / NP) for referral.  axis.bc.ca p: 778.460.1901 f: 778.460.1902 | <ul> <li>Client has no significant health risks</li> <li>Client is independent with daily activities</li> <li>Client would like to engage with or participate in treatment offered</li> <li>Client has been assessed by physician and medications ordered as needed</li> <li>Complete Alcohol or Opiate/Stimulant Withdrawal Management Referral.</li> </ul> |
| Phoenix Centre  | Kamloops              | phoenixcentre.org p: 250.374.4634 toll-free: 1.877.318.1177 text: 250.320.0341                           | <ul> <li>Client requires medically monitored withdrawal services</li> <li>Contact agency for admission details</li> </ul>  |
| The Bridge Youth & Family Services  | Kelowna               | thebridgeservices.ca<br>info@thebridgeservices.ca<br>p: 250.763.0456                                     | <ul> <li>Client requires medically monitored withdrawal services</li> <li>Contact agency for admission details</li> </ul>  |
| Renner House  | Williams Lake         | Contact primary care provider (physician / NP) for referral.  axis.bc.ca p: 250.392.1800 f: 250.398.2841 | <ul> <li>Client has no significant health risks</li> <li>Client is independent with daily activities</li> <li>Client would like to engage with or participate in treatment offered</li> <li>Client has been assessed by physician and medications ordered as needed</li> <li>Complete Renner House Referral</li> </ul>                                       |
| Facility Based Withdr<br>Provide you with medica<br>setting.                    |                       |  | val from alcohol or other drugs in an inpatient  |
| Phoenix Centre  | Kamloops              | phoenixcentre.org p: 250.374.4634 toll-free: 1.877.318.1177 text: 250.320.0341                           | <ul> <li>Youth beds available with permission</li> <li>Client requires medically monitored withdrawal services</li> <li>Contact agency for admission details</li> </ul>  |
| YD33 - The Bridge Youth<br>& Family Services                                    | Kelowna               | thebridgeservices.ca<br>info@thebridgeservices.ca<br>p: 250.763.0456                                     | <ul> <li>Youth must be 18 years of age and under</li> <li>Client requires medically monitored withdrawal services</li> <li>Complete the <u>Admission Application</u> and the <u>Exit Plan</u></li> </ul>   |
| Facility Based Treatm<br>Provide you with a struct<br>treatment and skill build | ctured, live-in progr |  | supported through assessment, evidence-based   |
| Red Fish Healing Centre <u>bcmhsus.ca</u>                                       | Burnaby               | Contact local MHSU centre for a referral to funded beds at this site.  Access Services Program           | <ul> <li>Client has a complex mental illness and substance use disorder</li> <li>Client has had several relapses</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Complete the <u>BCMHSU Referral Package</u> and Supplementary Forms specific to this centre</li> </ul>       |



| Agency   | Location (# of beds) | Referral Information   | Admission Criteria   |
|--|----------------------|--|--|
| Bridgeway Intensive<br>Residential Treatment         | Kelowna              | Contact Agency directly to access.  thebridgeservices.ca bridgeway@thebridgeservices.ca p: 250.763.0456 x 2402             | <ul> <li>Client has complex and/or chronic substance use</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Complete the <u>Program Application</u>, specific to the program you would like to attend</li> </ul>                                       |
| Phoenix Society <sup>1</sup> phoenixsociety.com      | Surrey               | Contact local MHSU centre for a referral to funded beds at this site.  Access Services Program                             | <ul> <li>Client has a substance addiction</li> <li>Client has had several relapses</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Complete the <u>BCMHSU Referral Package</u></li> </ul>   |
| Heartwood Centre for Women <sup>1,2</sup> bcmhsus.ca | Vancouver            | Contact local MHSU centre for a referral to funded beds at this site.  Access Services Program                             | <ul> <li>Client has severe substance use challenges</li> <li>Client has had several relapses</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Complete the <u>BCMHSU Referral Package</u> and Supplementary Forms specific to this centre</li> </ul> |
| Cedars at Cobble Hill <sup>1</sup> bcmhsus.ca        | Vancouver Island     | Contact local MHSU centre for a referral to funded beds at this site.  Access Services Program                             | <ul> <li>Client has a substance addiction</li> <li>Client has had several relapses</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Complete the <u>BCMHSU Referral Package</u></li> </ul>   |
| Round Lake Treatment<br>Centre <sup>3</sup>          | Armstrong            | Contact Agency directly to access.  roundlaketreatmentcentre.ca Hannah Vedan, Intake Coordinator toll-free: 1.888.554.9944 | <ul> <li>Client has been withdrawn from alcohol or drugs<br/>for at least 2 weeks</li> <li>Client has participated in at least 6 sessions with a<br/>counsellor</li> <li>Complete <u>Application Forms</u></li> </ul>  |

## **Facility Based Treatment Services for YOUTH**

Provide you with a structured, live-in program where your treatment goals are supported through assessment, evidence-based

| Active Care A New Tomorrow                              | Kamloops      | Contact Agency directly to access.  | <ul><li>For individuals aged 12 to 18</li><li>Priority access for those who reside in the Interior</li></ul>  |
|---|---------------|---|---|
| Treatment Solutions                                     |               | ournewtomorrow.ca<br>admin@ournewtomorrow.ca<br>p: 778.696.2147                           | Health region  Complex mental health and addiction needs  Client's treatment needs are beyond what their local community health resources or health authority can meet  Client's are at risk of/have experienced/or are experiencing homelessness, victimization, violence, trauma, poverty, or incarceration  Complete the Youth Substance Use Treatment Application   |
| The Bridge Youth & Family Services Youth Recovery House | Kelowna       | thebridgeservices.ca<br>info@thebridgeservices.ca<br>p: 250.763.0456<br>p: 1.855.760.0456 | <ul> <li>For individuals aged 12 to 18</li> <li>Priority access for those who reside in the Interior Health region</li> <li>Complex mental health and addiction needs</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Client's are at risk of/have experienced/or are experiencing homelessness, victimization, violence, trauma, poverty, or incarceration</li> <li>Complete the Youth Substance Use Treatment Application</li> </ul> |
| Nechako Youth<br>Treatment Program <sup>3</sup>         | Prince George | Contact Agency directly to access.  Nechako Youth Treatment Program p: 250.649.7065       | <ul> <li>Youth must be 13 to 18 years of age</li> <li>No exclusion criteria</li> <li>Contact agency for admission details</li> </ul>  |
| Peak House  | Vancouver     | Contact Agency directly to access.  peakhouse.ca intake@peakhouse.ca p: 604.253.6319      | <ul> <li>Youth must be 13 to 18 years of age</li> <li>Client is experiencing problems with drugs and / or alcohol</li> <li>Client has been withdrawn from alcohol or drugs for at least 7 days</li> <li>Client is interested in attending treatment</li> <li>Client has professional support / referring</li> </ul>   |

counsellor

Complete the <u>Peak House Referral Package</u>

| Agency  | Location<br>(# of beds) | Referral Information   | Admission Criteria   |  |  |
|---|-------------------------|--|--|--|--|
| Support Recovery Services  Provide you with a time-limited substance-free live-in setting. These safe, supportive environments are available when you are experiencing low to moderate substance use. |                         |  |  |  |  |
| Letwilc Ren Semec<br>Centre <sup>3</sup>  | Alkali Lake             | Contact any health care provider for a referral to beds at this site.  esketemc.ca p: 250.440.5651 Ext. 264                  | <ul> <li>Client has completed a treatment program</li> <li>Client does not engage in self harm activities</li> <li>Client is motivated to become independent in a recovery-based lifestyle</li> <li>Client is able to participate without supervision in outside activities</li> <li>Complete Application Forms</li> </ul> |  |  |
| Round Lake Treatment<br>Centre <sup>3</sup>   | Armstrong               | Contact Agency directly to access.  roundlaketreatmentcentre.ca p: 250.546.3077  | <ul> <li>Client has completed a treatment program</li> <li>Client is interested in participating in cultural activities and/or land based healing</li> <li>Complete <u>Application Forms</u></li> </ul>  |  |  |
| Phoenix Centre STLR   | Kamloops                | Contact Agency directly to access.  phoenixcentre.org p: 250.374.4634 toll-free: 1.877.318.1177                              | <ul> <li>Client has completed a detox program</li> <li>Client is engaging in outpatient services with Mental Health &amp; Substance Use</li> <li>Clients are living a life of abstinence</li> <li>Clients do not have stable shelter</li> <li>Contact agency for admission details</li> </ul>                              |  |  |
| ASK Wellness AASH<br>Program  | Kamloops                | Contact Agency directly to access.  askwellness.ca p: 250.376.7558   | <ul> <li>Client has completed a detox program</li> <li>Contact agency for admission details</li> </ul>   |  |  |
| The Bridge Youth & Family Services  | Kelowna                 | Contact Agency directly to access.  thebridgeservices.ca info@thebridgeservices.ca p: 250.763.0456                           | <ul> <li>Client has no significant health risks</li> <li>Client is capable of semi-independent living</li> <li>Client does not require a medical withdrawal management service</li> <li>Complete the <u>Program Application</u>, specific to the program you would like to attend</li> </ul>                               |  |  |
| ASK Wellness AASH<br>Program  | Merritt                 | Contact Agency directly to access.  askwellness.ca p: 250.315.0098   | <ul> <li>Client has completed a detox program</li> <li>Contact agency for admission details</li> </ul>   |  |  |
| Kootenay Boundary<br>Support Recovery<br>Program  | Nelson                  | Contact Nelson MHSU centre for a referral to funded beds at this site.  Nelson MHSU Support Recovery Program p: 250.505.7248 | <ul> <li>Client is abstaining from all non-prescribed substances</li> <li>Contact agency for admission details</li> </ul>  |  |  |
| The Bridge Youth & Family Services  | Penticton               | Contact Agency directly to access.  thebridgeservices.ca info@thebridgeservices.ca p: 250.763.0456                           | <ul> <li>Client has no significant health risks</li> <li>Client is capable of semi-independent living</li> <li>Client does not require a medical withdrawal management service</li> <li>Complete the <u>Program Application</u>, specific to the program you would like to attend</li> </ul>                               |  |  |
| Bill's Place Addictions<br>Recovery & Support<br>Recovery Housing   | Vernon                  | Contact Agency directly to access.  turningpoints.ngo bradley.houghton@turningpoints.ngo p: 250.549.6144                     | <ul> <li>Client has no significant health risks</li> <li>Client is seeking recovery from mood altering chemicals or behaviours</li> <li>Client is interested in making changes and working toward wellness</li> <li>Complete <u>Bill's Place Online Application</u></li> </ul>   |  |  |

## Notes:

- 1 Provincially funded beds: An IH MHSU clinician can refer a client or patient by completing the appropriate referral form.
- ${\bf 2} \ \ {\bf Services} \ are \ for \ women \ / \ trans-identified \ women \ only.$
- **3** Services are inclusive of Indigenous approaches to wellness.