#### Meals on Wheels

The delivered meal is the noon meal consisting of a protein, a carbohydrate, vegetables and a dessert.

Our volunteers deliver meals between 2:30pm -3:30pm on designated days.

Cost is \$10.00 per meal (subject to change) to be prepaid monthly - automatic deposit preferred, cheques accepted.

New monthly clients may request a one-week trial. Temporary clients (for example someone recovering from surgery) may order by the week. Clients are not required to order for every day of the week. They can receive meals Monday, Wednesday, Friday for example.

If you do not wish to receive a meal on a particular day please call by noon **the day prior** to delivery. If notice is received by noon the day prior to delivery, a refund will be credited to your next month bill.

For your safety, drivers will not leave a meal if no one is home. You may make arrangements to have the meal left at a neighbour or alternate location if you advise us in advance. For inquiries about Meals on Wheels, or to sign up, please call the Meals on Wheels
Coordinator at
250-449-2842
Monday to Thursday
9:00 A.M. to 3:00 P.M.



## **Parkview Manor**

Parkview Manor is a
Supportive Housing Complex
for Seniors which is owned
and operated by the West
Boundary Senior Housing
Society. We have been
providing housing for seniors
since April 1, 2001 and
meals for the West Boundary
community for many years.

Parkview Manor is B.C. Housing subsidized.

Meals are planned and prepared in our commercial kitchen.

# Interested in becoming a volunteer driver for Meal on Wheels?

Please call the General Manager for more info.

670 – 9<sup>th</sup> Avenue Midway B.C.

PO BOX 450
MIDWAY, BC VOH 1M0
250-449-2842
parkviewmanor@shaw.ca

Brochure updated February 2022

## West Boundary Senior Housing Society

Parkview Manor



### **MEALS ON WHEELS**

Open to anyone who has difficulty preparing a meal for themselves, or just wants a break from meal preparation.

If you are within our service area (Greenwood, Midway, and Rock Creek) you can use our service.